



Varanasi
Uttar Pradesh



CCDSICON 2024

8th Annual National Conference of CCDSI
Clinical Cardio Diabetic Society of India

20th - 22nd September 2024

Venue :
HIMS, Varanasi

CONFERENCE BROCHURE



NATIONAL MEMBER OF CCDSI 2023-2024



Dr. A.N Rai
Founder President



Dr. Ashok Taneja
President



Dr. A. K Virmani
Immediate Past President
& Dean Elect, ICCMD



Dr. Jayant Panda
Dean, ICCMD



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Treasurer



Dr. Madhukar Rai
President Elect.
Organizing Chairman - CCDSICON 2024



Dr. Mritunjay Kumar Singh
Secretary



Prof. (Dr.) M. S. I. Siddiqui
Organising Secretary - CCDSICON 2024

Welcome Message

Dear Friends and Colleagues,

Greetings from the Organising Committee of the CCDSICON 2024!

It gives us immense pleasure to welcome you to the 8th Annual Conference of (CCDSI) Clinical Cardio Diabetic Society of India, scheduled to take place in the holy city of Varanasi, Uttar Pradesh, from 20 – 22 September 2024.

Our conference is dedicated to fostering a community where experts can come together to share knowledge, insights, and a genuine passion for transforming lives. We're all about customizing strategies for diabetes management that truly resonate with the unique needs of patients in India. Our lineup of speakers and sessions promises to be inspiring, enlightening, and empowering. We're excited to create a space where ideas can flourish, connections and meaningful changes can be made.

The proposed Scientific Program will consist of the Orations, Guest lectures, Symposia, Case based Sessions and Debates on various topics of interest. The Deliberations will be done by eminent Diabetes and Cardiology Experts from across the Country.

CCDSICON is not just a conference, but a community of like-minded individuals committed to creating a brighter future for patients.

Also, you will be in Varanasi, the oldest living city on the Planet, one of the holiest places in our culture. It has its own old-world charm which co-exists side by side with modernity.

The Great Ayurvedic Treaties - Charaka Samhita and Sushruta Samhita were composed here in Varanasi. The holy river Ganges charms the city and adds to its spirituality. It is also the land of Lord Buddha's First Sermon at the Deer Park of Sarnath and many temples.

We are sure your visit to Varanasi to enjoy the Academic Feast along with Banarasi Masti, Banarasi Paan will turn out to be a memorable experience.

Once again, we invite you to CCDSICON -2024.

Regards



Prof. (Dr.) Madhukar Rai
Organising Chairman



Prof. (Dr.) M. S. I. Siddiqui
Organising Secretary

LOCAL ORGANISING COMMITTEE

CHIEF PATRON		Dr. Siddharth Rai
		Dr. A. N. Rai
ORGANISING CHAIRMAN		Prof. (Dr.) Madhukar Rai
ORGANISING SECRETARY		Prof. (Dr.) M.S.I. Siddiqui
JOINT ORGANISING SECRETARY		Dr. Yogesh Kumar Gaur
		Dr. Jitendra Singh
		Dr. Lalit Prashant Meena
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		Brig. (Dr.) Avatar Narayan (M.S.)
		Brig. (Dr.) K.K. Lahri
		Prof. (Dr.) O.P. Mishra
		Dr. Shobhit Agarwal
		Dr. Santosh Pandey
		Dr. Dilip Chaurasia
		Dr. Shailendra
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	2. CGM & Insulin Devices	Dr. Alankar Tiwari
		Dr. Shailendra Kumar Singh
FINANCE COMMITTEE/ TREASURER		Dr. Nilesh Rai
		Mr. Vimlesh Kumar
		Mr. Anuj
SCIENTIFIC COMMITTEE		Dr. Alankar Tiwari
		Dr. Shailendra Kumar Singh
		Dr. A.K. Singh
		Dr. Lalit Prashant Meena
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		Dr. Vatshala
		Dr. Shailja
ABSTRACT REVIEW COMMITTEE		Dr. K.K. Lahri
		Dr. O.P. Mishra
		Dr. Parul Agarwal
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		Mr. Saurabh
		Mr. Vijay chaturvedi
I.T. COMMITTEE		Mr. Parminder (Chairman)
		Mr. Manoj (Secretary)
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		Dr. Soni Yadav
		Dr. Vaibhavi Singh
		Dr. Vivek Kumar Chaurasia
		Dr. Abhinav Anand

REGISTRATION DETAILS

CONFERENCE REGISTRATION

Categories	Early Bird (till 30th June, 2024)	Regular (till 15th Aug, 2024)	Late (Till 19th Sep, 2024)	Onspot
Member	INR 5000	INR 5500	INR 6000	INR 6500
Non Member	INR 6000	INR 6500	INR 7000	INR 7500
PG Students / Resident Doctor	INR 3500	INR 4000	INR 4500	INR 5000
Accompanying Person (Per Person)	INR 3500	INR 4000	INR 4500	INR 5000

* The above fee is inclusive of GST

WORKSHOP REGISTRATION

Categories	Early Bird (till 30th June, 2024)	Regular (till 15th Aug, 2024)	Late (Till 19th Sep, 2024)	Onspot
Echo Cardiography Basic	INR 3540	INR 4130	INR 4720	INR 5310
Continuous Glucose Monitoring and Insulin Devices	INR 3540	INR 4130	INR 4720	INR 5310

Account Details

Bank Name: HDFC Bank
Account Name: CCDSICON 2024 VARANASI
A/C No: 50200096793082
IFSC Code: HDFC0004471
Account Type: Current
Branch: Chitipur

Account Name: Late Madhuri Rai Memorial
Health and Education
Society, Varanasi
Account No: 30860200000814
Branch: Chitipur
IFSC Code: BARBOCHITAI
Account Type: Current



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Registration

Scientific Programme

Conference Programme - 20th September 2024

HALL - A

Time	Topic	Speaker	Chairpersons
DIABETIC NEUROPATHY			
3:00-3:15 pm	Diabetic Neuropathy: Classification & Reversible Diabetic Neuropathy	Dr. Haramohan Sahoo	Dr. Alok Ojha Prof. K. N. Panda
3:15-3:30 pm	Red flags in diabetics with neuropathy	Dr. Abhishek Pathak	Dr. Vikas Agrawal
3:30-3:45 pm	Diabetic Neuropathy: Pain management	Dr. Sumit Singh	Prof. K. N. Padihary Dr. Santosh Swain
3:45-4:00 pm	HTN management: Indian concern	Dr. Anuj Maheshwari	Dr. Aamir
PREGNANCY SYMPOSIUM		Dr. Gagan Gunjan (Moderator)	
	Dr. Vinay Dhandhaniya (Course Coordinator)		
4:00-4:12 pm	Introduction and Relevance	Dr. Vinay Dhandhaniya	Dr. P. K. Sinha Dr. R.R Verma Dr. Madhu Jain
4:12-4:24 pm	Pregnancy is a diabetes equivalent (Physiology)	Dr. Srikant Kumar Dhar	
4:24-4:36 pm	Risk stratification in a diabetic contemplating pregnancy	Dr. Bijay Patni	
4:36-4:48 pm	Preparing a diabetic lady for pregnancy. Preconception	Dr. Lotika Purohit	
4:48-5:00 pm	Management of a prediabetic mother during pregnancy	Dr. Noni Singha	Dr. A. P. Singh Dr. P. K. Singh Dr. Anuradha
5:00-5:12 pm	Foetal monitoring in a diabetic with pregnancy	Dr. Ajay Chhabra	Dr. Sangeeta Rai
5:12-5:24 pm	Intrapartum management of a diabetic with pregnancy	Dr. Harshprit Tuteja	Dr. Sumant K. Panda Dr. N.K Nawal
5:24-5:36 pm	Heart Failure in Pregnancy	Dr. Aravinda Jagadeesa	Dr. Vibha Mishra
5:36-5:51 pm	Tea Break		
5:51-6:03 pm	GDM: future burden of new onset diabetes	Dr. Ajay Tiwari	Dr. S. K. Sharma
6:03-6:15 pm	Management of GDM	Dr. Mahesh Rath	Dr. RSP Singh
6:15-6:27 pm	Infant of a diabetic mother	Dr. Ram Kumar	Dr. Uday Shankar Rai
6:27-6:39 pm	Education of a diabetic mother: Do's and Don'ts	Dr. Shaibal Guha	Dr. Satendra Prasad Singh
HYPERTENSION IN PREGNANCY			
6:39-6:51 pm	Physiological basis of BP targets during pregnancy	Dr. Narsingh Verma (Course Coordinator)	Dr. Rajnish Saxena Dr. D. C. Sharma Dr. Deepali Gupta
6:51-7:03 pm	Planning pregnancy in a known hypertension lady	Dr. R. K. Modi	
7:03-7:15 pm	HTN during pregnancy: Targets and Management	Dr. Mohsin Aslam	
7:15-7:27 pm	CKD Stage 3: planning for pregnancy	Dr. M. K. Singh	
Concluding Remarks (3 minutes)			
	Meet the Masters		
7:30-7:50 pm	Alpha cell as guardian of beta cell	Dr. Vinod Mittal	Dr. K. K. Pareek
7:50-8:10 pm	MASLD as a harbinger of diabetes and cardiovascular diseases	Dr. Chandrakant Lahariya	Dr. G. D. Ramchandani Dr. Pranshu Kumar
8:10-8:30 pm	Your checklist for heart in Diabetics	Dr. Jayant K. Panda	Dr. Santosh K. Singh
8:30-8:50 pm	Acute life threatening infections in Diabetes	Dr. Shankha Sen	Dr. Ashutosh Dr. Devashish Chakravarthy
8:50 pm onwards	FACULTY DINNER		

Conference Programme - 21 September 2024

HALL - A

Time	Topic	Speaker	Chairpersons
DIABETES & HEART DISEASES IN PRIMARY CARE			
8:45-9:00 am	ECG in myocardial infarction	Dr. Kaleem Ahmed	Dr. Mayank Gupta
9:00-9:15 am	Energy Metabolism and Myocardial Injury in Diabetic Heart Disease, Clinical Implications	Dr. E Prabhu	Dr. Ashutosh Chaturvedi Dr. Ritesh Kumar
9:15-9:30 am	SVT vs VT: Identify the difference	Dr. Sudipta Mondal	Dr. Narsingh Verma Dr. Samarjit Banik Dr. Jaideep Khare

Scientific Programme

LIPIDS & CORONARY ARTERY DISEASES

9:30-9:50 am	Lipoprotein levels Lp(a) as therapeutic target: what do evidences say	Dr. K.K Lohani	Dr. Manohar K.
9:50-10:10 am	Guidelines based Indications for coronary interventions(PCI & CABG) in chronic coronary syndrome & Acute coronary syndrome	Dr. Viveka Kumar	Dr. Jitendra Singh Dr. Nilesh Kumar
10:10-10:30 am	Lipid lowering therapy beyond statins	Dr. Nakul Sinha	Dr. Abhinav Padia Dr. S.S Dariya
10:30-10:50 am	Predict, prevent and protect the unholy trinity of diabetes, hypertension and dyslipidemia	Dr. K.K Pareek	Dr. Arun K. Singh
10:50-11:00 am	Tea Break		

HYPERTENSION SYMPOSIUM

11:00-11:20 am	Pitfalls in blood pressure measurement and role of ambulatory BP measurement (ABPM)	Dr. Harsh Agarwal	Dr. Suraj Chaturvedi Dr. Siddharth Singh
11:20-11:40 am	Risk stratification & management goals in HTNDecoding ESH 2023 Guidelines	Dr. Namita Mohapatra	Dr. S. N. Rai
11:40-12:00 pm	Pragmatic approach to secondary HTN: Indian context	Dr. Sajid Ansari	Dr. Manoj Saluja Dr. Dharmendra
12:00-12:20 pm	Masked HTN: An update	Dr. P. K. Agrawal	Dr. Akhilesh Singh

HEART FAILURE SYMPOSIUM

12:20-12:40 pm	GDMT in Heart Failure: How to start and optimise doses	Dr. Umesh Kohli	Dr. Lalit Meena Dr. John Masih
12:40-1:00 pm	Update on management of HFpEF: Role of newer agents	Dr. Puneet Saxena	Dr. M. K. Srivastav
1:00-1:20 pm	Non-pharmacological treatments of heart failure and arrhythmias duringheart failure	Dr. Dilip Kumar	Dr. Ajay K. Pandey Dr. Alok K. Singh
1:20-1:40 pm	Non invasive screening for subclinical CAD & HF in Diabetics	Dr. Ashok Taneja	Dr. A. K. Singh
1:40-2:00 pm	Lunch Break		
2:00-2:20 pm	Dr. A.N Rai Oration	Dr. D. P. Khaitan	Dr. Arhul Raj Dr. R Rajasekar Dr. Jayant Panda
2:20-2:40 pm	CCDSI Oration	Dr. Arhul Raj	Dr. Madhukar Rai Dr. A. N. Rai Dr. Ashok Taneja

INSULIN THERAPY

2:40-3:00 pm	Biosimilars in diabetes: Overview	Dr. Munish Prabhakar	Dr. S. K. Singh Dr. Nagendra K. Das
3:00-3:20 pm	Timely initiation & optimisation of Insulin therapy	Dr. Dheeraj Kapoor	Dr. O. P. Tiwari
3:20-3:40 pm	Preoperative management of Diabetes Mellitus	Dr. Krishnendu Roy	Dr. V. K Mundra
3:40-4:00 pm	Hyperglycaemic emergencies in diabetics	Dr. Anil Samaria	Dr. Gyan Prakash Dr. R. K Tiwari
4:00-4:20 pm	Tea Break		

DIABETES THERAPEUTICS

4:20-4:40 pm	Respond with exercise in Diabetes	Prof. Dr. Surendranath Swain	Dr. Shailendra
4:40-5:00 pm	Phenotyping: Adolescents and Young diabetics	Dr. B. K. Singh	Dr. Shobhit Agrawal
5:00-5:20 pm	How to reduce insulin resistance in diabetes mellitus - emerging concepts	Dr. Sudhir Chandra Jha	Dr. Ashwani Tandon
5:20-5:40 pm	Decoding current ADA & ACE: Guidelines for T2DM management	Dr. Sanjay Dash	Dr. Vishal Parmar Dr. S. K Gautam
5:40-6:00 pm	Diabetes & Heart Failure: Newer therapeutic approach	Dr. P. K. Jain	Dr. Jigyashu Singh

Scientific Programme

DIABETES SYMPOSIUM

6:00-6:20 pm	Is this the end of an era of evidence based medicine?	Dr. Anil Kumar Virmani	Dr. V. K. Dixit Dr. O. P. Mishra
6:20-6:40 pm	Primary prevention of cardiometabolic diseases in India	Dr. Vitull K Gupta	Dr. Manoj K Srivastav
6:40-7:00 pm	Musculoskeletal and dermatological manifestations in Diabetes	Dr. Umesh Khan	Dr. Bashar Dr. Alankar Tiwari
7:00-7:20 pm	Role of Echocardiography in emergency care for physicians	Dr. Vinay Sharma	Dr. Suyash Tripathi
	Invited Lecture		
7:20-7:50 pm	Recent Advancements in Atrial Fibrillation Management	Dr. Sunil K Jha	Dr. Ajay Sinha Dr. Girish Mathur
7:50-9:00 pm	Inauguration & Fellowship		
GALA DINNER			

21st September 2024

HALL - B

Rapporteur - Dr. Abhishek Kumar

Time	Topic	Speaker	Chairpersons
8:45-9:00 am	Immunisation in Diabetes	Dr. Gagan Gunjan	Dr. Nilesh Rai
9:00-9:15 am	Gut & Diabetic Autonomic Neuropathy	Dr. N.C Singhal	Dr. Ashok Singh
9:15-9:35 am	Hypertension in elderly	Dr. Mahabir Thakur	Dr. Shivendra K. Singh
9:35-9:55 am	Sudden cardiac death	Dr. P. K Sinha	Dr. Harinder Ojha
9:55-10:15 am	Hypertensive emergencies	Dr. P.K Singh	Dr. Shashinath Pandey Dr. Lavanya Anuranjani
10:15-10:35 am	OADs in Pregnancy	Dr. D.P Singh	
10:35-10:45 am	Metabolic benefits of resistance training with special emphasis on Diabetes	Dr. Akash Singh	
10:45-11:00 am	Tea Break		

Echo Workshop

Time	Topic	Speaker	
11:00-11:15 am	Basic Echocardiography-2D, M-Mode and Color Doppler	Dr. A. K. Pandey	
11:15-11:30 am	Echocardiography in ER	Dr. Vinay Sharma	
11:30-12:00 pm	Echocardiographic evaluation of LV Systolic function	Dr. Vivekanand Gupta	
12:00-12:15 pm	LV Diastolic function - essential echocardiographic assessment	Dr. Alok Kumar Singh	
12:15-12:30 pm	Echocardiographic assessment of RV - a forgotten chamber	Dr. Shaumik Ghosh	
12:30-12:45 pm	Mitral valve - Echo evaluation of Mitral Stenosis and Regurgitation	Dr. Jivitesh Satija	
12:45-1:00 pm	Aortic Valve - AS and AR basic echocardiographic features	Dr. Suyash Tripathi	
1:00-1:15 pm	Pericardial Diseases - role of Echo in diagnosis	Dr. Amit Singh	
1:15-1:30 pm	Evaluation of pulmonary artery, pulmonary valve and PAH	Dr. Sanjay Singhal	
1:30-1:45 pm	No stress; Stress test in novel technology to predict IHD early	Dr. Kamaldeep Chawla	
1:45-2:00 pm	P2Y12 inhibitors in ACS: How do I pick my drug?	Dr. Ajay K. Pandey	
2:00-2:20 pm	Lunch Break		

Continous Glucose Monitoring and Insulin Devices

2:20-2:40 pm	Glucometer- the controversies	Dr. Rishi Shukla	
2:40-2:50 pm	Discussion	Dr. Rishi Shukla Dr. Saurabh Mishra	
2:50-3:20 pm	AGP/CGMS - Basic and Beyond	Dr. Rishi Shukla Dr. Saurabh Mishra	
3:20-3:30 pm	Discussion	Dr. Rishi Shukla Dr. Saurabh Mishra	

Scientific Programme

3:30-3:45 pm	CGM vs SMBG	Dr. Gyan Prakash	
3:45-5:15 pm	Insulin Pump Therapy		
3:45-3:50 pm	Introduction	Dr. Rishi Shukla	
3:50-4:20 pm	Insulin Pump- what and why	Dr. Saurabh Mishra Dr. Suresh Purohit	
4:20-4:30 pm	Pump Parts	Mrs. Meena Srivastav	
4:30-4:45 pm	Latest advances	Dr. Anuradha Kapoor	
4:45-5:15 pm	Live demonstration of insulin pump, AGP	Mrs. Meena Srivastav Dr. Saurabh Mishra	
5:15-5:25 pm	Open forum	Dr. Rishi Shukla Dr. Saurabh Mishra Mrs. Meena Srivastav Dr. Deepak K. Das Dr. Anuradha Kapoor Dr. Gyan Prakash	

Conference Programme - 22 September 2024

HALL - A

Time	Topic	Speaker	Chairpersons
8:45-9:00 am	Fundamental laws for ECG analysis	Dr. Pawan Goyal	Dr. Ajay Kumar
9:00-9:15 am	Update in medical management of Acute Coronary Syndrome	Dr. Vikas Singh	Dr. V.K Thakur Dr. M.S.I Siddiqui
9:15-9:30 am	Recent advances in Rheumatic fever and rheumatic heart disease.	Dr. Sudhir Kumar	Dr. Pranshu Kumar Dr. Chander Bafna
9:30-9:45 am	Novel Therapeutic approaches to managing Erectile Dysfunction	Dr. Deepak K Jumani	Dr. S. N Swain
9:45-10:00 am	Fibromyalgia: a fashionable diagnosis or a medical mystery	Dr. Bharat Panigrahi	Dr. Ajeet Sinha Dr. Shobhit Agarwal
10:00-10:15 am	Hepatorenal syndrome	Dr. Rajeev K Jha	Dr. Abhilesh Kumar
10:15-10:35 am	Let us find the alternative methods to win over Diabetes Mellitus	Prof. Dr. K.N Padihary	Dr. Mritunjay K. Singh Dr. Abhishek Kumar
10:35-11:00 am	Presidential Oration	Dr. Madhukar Rai	Dr. A.N Rai Dr. D.P Khaitan Dr. Ashok Taneja
	Guest Lecture		
11:00-11:20 am	Sarcopenia: An unrealized volcano	Dr. Gururaj B Sattur	Dr. B.K Singh Dr. Madhukar Rai
11:20-11:35 am	Tea Break		
11:35-11:50 am	Gut microbiota and Diabetes	Dr. Ashok K Singh	Dr. Ashish Saxena
11:50-12:05 pm	Diabetic foot	Dr. Soumya Sen Gupta	Dr. D. P. Singh
12:05-12:20 pm	Evaluation and Management of osteoporosis in females	Dr. Smita Gupta	Dr. K. Mukundhan
12:20-12:35 pm	Pioglitazone- the lost samurai	Dr. Hridish Narayan Chakravarti	Dr. Niharika Sinha
12:35-12:50 pm	Diabetic Neuropathy	Dr. L.Srinivas Murthy	Dr. E. Prabhu Dr. Manohar K
12:50-1:05 pm	Cardiovascular complications in Diabetes- Novel approaches in risk assessment and management	Dr. Tapas Bandyopadhyay	Dr. J. K. Sharma
1:05-1:20 pm	Fungal infection in Diabetes	Dr. Dipanjan Bandopadhyay	Dr. Shankha Sen Dr. P. K. Tiwari
1:20-1:35 pm	NAFLD: An update	Dr. S.S Dariya	Dr. Absar Ahmad
1:35-1:50 pm	'Sulphonylurea' relevance in T2DM management- current	Dr. Rajesh K. Jha	Dr. N.K Das
1:50-2:05 pm	Isolated systolic Hypertension	Dr. Sangaram Biradar	Dr. Sanjay Araya Dr. Arvind Kumar Arya
2:05 pm	Lunch		

ABSTRACT SUBMISSION

ABSTRACT GUIDELINES

- Abstracts are to be submitted online.
- It is mandatory to register before abstract submission.
- Abstracts must be in English, in Word Doc format, Ariel font – point size 12. Should not exceed 300 words.
- Case reports will be considered as poster presentation.
- Abstracts must be original and should not have been submitted / presented / intended for presentation elsewhere before CCDSICON 2024.
- The presenting delegate should obtain necessary regulatory permissions and take responsibility for the accuracy of the results.
- An e-mail confirming the receipt of abstract, including an abstract number, will be sent to the submitting delegate.
- This number should be quoted for all further correspondence.
- Title should not be repeated in both categories.
- A delegate can submit a Maximum of three abstracts as the presenting author.
- Abstracts will be reviewed by a panel of experts and selected for Oral / E- Poster presentation on the basis of merit.
- Selection committee has the right to reject or accept the paper/poster or case reports or series.
- The acceptance and mode of presentation will be intimated to delegates via e-mail latest by 05th September 2024.
- The last date for submission of abstracts is 15th August 2024.
- For any query related to abstract submission please contact ccdsiconvns@gmail.com

ABSTRACT FORMAT

The name of the delegate and affiliations should be entered separately in the field provided. The body of abstract should be structured as follows:

- Title of the Abstract.
- Aims/Objectives of the study.
- Materials and Methods
- Results
- Conclusions

ABOUT VENUE

Heritage Institute of Medical Sciences (HIMS)



About HIMS

With the permission of the Medical Council of India for the admission of 150 MBBS students in the year 2015, a new chapter in the field of medical education started in Varanasi. The institute welcomed the first batch of MBBS in 2015 and the eighth batch in 2022 respectively with full enthusiasm. Today, with the welcome of the ninth batch, Heritage Institute of Medical Sciences has become the first choice of students pursuing medical studies in Uttar Pradesh. In 2023, the National Council of India has approved the Heritage Institute of Medical Sciences MBBS seats have been increased from 150 to 200. Along with this, permission for 46 seats for post-graduate courses MD and MS after MBBS has been received from the National Council of India, while courses for DNB and MD in Emergency Medicine are going to be started. More than 2000 research papers have been published by the doctors of the institute.

Presently the students passed from Heritage Institute of Medical Sciences are Dr. Ritvik Singh, Mahatma Gandhi Medical College Jaipur, Dr. Rajneesh Rai, GMC Srinagar, Dr. Manish Kumar Rai, SKIMS Srinagar, Dr. Anurag Sharma, Indian Army, Dr. Divya Tiwari SGPGI Lucknow, Dr. Purva Bhatt is doing post graduation in Subharti Medical College, Meerang.

Heritage Institute of Medical Sciences is accredited by the ECFMG (Educational Commission for Foreign Medical Graduates), allowing our medical students to study or practice in the United States. India's leading magazine Outlook conducted a survey of top medical colleges in which Heritage Institute of Medical Sciences was ranked as the highest quality medical college across India.

All those resources which are suitable for the students have been made available in the institute. Selected senior faculty from renowned institutions of the country like BHU who provide quality education with their experience. 4 air conditioned lecture theaters with modern audio visual where 200 students can study simultaneously, library and e-library updated with latest courses, laboratory, Wi-Fi equipped campus and hostel, separate mess for boys and girls, For the all-round development of students, gyms equipped with modern equipment, facilities for outdoor and indoor games, organizing cultural programs from time to time, tours for students to community centers and adopted villages in rural areas. Skill Lab, Bank, ATM.

Places to Visit in Varanasi



Kashi Vishwanath Temple (corridor)

The Kashi Vishwanath Temple is a famous Hindu temple dedicated to Lord Shiva. It is located in Vishwanath Gali of Varanasi, Uttar Pradesh in India. The temple stands on the western bank of the holy river Ganga, and is one of the twelve Jyotirlingas, the holiest of Shiva temples.

Ganga Arti Trip

The aarti is always carried out facing the River Ganga. A lot of lamps are lit during the aarti. They are usually circled out by priests. It is always done clockwise. The aarti is always accompanied by different songs sung while praising the Ganga.



Varanasi Ghats (Banaras Ghats)

The ghats in Varanasi descend from the city down the banks and into the waters of the holy River Ganges. Ghats in Varanasi are riverfront steps leading to the banks of the River Ganges. The city has 88 ghats. Most of the ghats are for bathing and puja ceremony.

Ramnagar Fort Varanasi

Ramnagar Fort is located on the eastern bank of River Ganges, in Varanasi. The 18th-century red sandstone fort was built in Mughal style by the ruler of Kashi, Maharaja Balwant Singh. It is said to be the ancestral home of the Maharaja of Banaras.

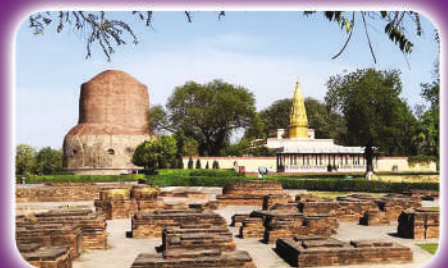


Sankat Mochan Temple Varanasi

A pilgrimage tour of Varanasi is not complete without visiting Sankat Mochan Temple. The Sankat Mochan Hanuman Temple is situated on the banks of the Assi river

Sarnath Temple Varanasi

Sarnath (also referred to as Sarangnath, Isipatana, Rishipattana, Migadaya, or Mrigadava)[1] is a place located 10 kilometres (6.2 miles) northeast of Varanasi, near the confluence of the Ganges and the Varuna rivers in Uttar Pradesh, India. Sarnath is where, circa 528 BCE, at 35 years of age, Gautama Buddha taught his first sermon after attaining enlightenment at Bodh Gaya.



VARANASI



Conference Secretariat
Organizing Secretary
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